



Mn Adult & Teen Challenge

Thank you for your interest in Minnesota Adult & Teen Challenge!

Friends often ask what they can do to help our clients.
Below is a list of items that would benefit our program and the clients:

Volunteer Opportunities:

Mentors (men)
Appointment Drivers (men & women)
Office Help/Tutors (men & women)

Food Items:

Fresh Fruit
Fresh Herbs
Fresh Vegetables

Toiletries:

Toothbrushes/toothpaste
Shampoo/Conditioner
Deodorant
Razor/Shaving Cream

Linens:

New Washcloths
New Pillow Cases
Twin Size Sheets
New Towels
New Pillows

Specific Clothing:

White dress shirts
Black dress pants
Black dress shoes
New underwear
New t-shirts
New socks (black & athletic)

Furniture:

Couches
4 drawer file cabinets
(Quality used condition)

Bibles:

We are desperately low on Study Bibles. We recommend the New Living Translation "Life Recovery Bible" for our clients.

Vehicles:

We accept the donation of all vehicles regardless of their condition.

We of course welcome monetary donations of any size. We are a non-profit, 501c3 and all contributions are tax deductible. If you would like to speak to someone about donating money, please speak to a staff member or call (218) 833-8749.

If you wish to volunteer or donate any of these items listed above, please contact us at (218) 833-8777

*****please note that due to Board and Lodge regulations, Teen Challenge is unable to accept and homemade food products or any food item that was not prepared in a commercial kitchen. Thank you.**